Canoeing Equipment List

We take two packs on canoe trips. The full pack with the normal camping equipment will be stored in the cars while the troop is canoeing on the river. The second day pack will be in the canoe. Everyone must prepare for cold wet weather as well as extremely hot weather.

The contents of the day pack in the canoe must be well waterproofed. Do not put a plastic bag on the outside of the pack. Each scout must put plastic bags around separate items and then a large heavy garbage bag around all the items inside the pack. If an extra day pack is not available, use a duffel bag, canvas or or nylon laundry bag or stuff sack. An unprotected plastic bag will certainly rip and it cannot be properly tied into the canoe (*denotes that the kit is the DIFFERENT FROM THE BASIC EQUIPMENT LIST- all other kits are the same).

Wear *

Personal floatation device (PFD) labeled with clearly visible name and address Light cotton pants T-shirt Light sweatshirt 1 pair old sneakers (ones that can get wet, NO BOOTS OR HEAVY SHOES WHEN CANOEING!) Brimmed hat (with brim all around hat) 1 pair light work gloves 10 feet or heavy cord or clothesline Straps to secure your glasses or sunglasses, if you wear them One gallon of water (for use in camp) <u>Note:</u> DO NOT carry valuables on your person while in the canoe like a watch, compass, etc)

Day Pack Kit * (to be placed in the canoe)

Sweater or sweatshirt (wool if possible) Long-sleeved shirt 1 pair wool/fleece socks 1 pair heavy socks (wool if possible) Raincoat or poncho Full Nalgene water bottle Light windbreaker jacket Sun block (very important) Sunglasses Wool/fleece sweater 1 pair underwear Towel - medium to large size Long underwear top or extra sweater or sweatshirt Shorts or bathing trunks Plastic bailer (milk or detergent bottle with bottom cut out) with 5 foot cord attached to handle Large synthetic sponge with hole cut in it and attached to 5 foot cord from bailer

Extra Clothes Kit

1 pair khaki pants (with belt loops) 2 pair cotton socks 1 pair wool socks 1 Boy Scout T-shirt 1 sweatshirt/sweater 1 wool shirt 1 pair underwear Rain jacket and pants 1 long sleeve cotton shirt 1 handkerchief 1 pair sneakers

Sleeping Kit

1 Sleeping Bag Flashlight (relatively new batteries and bulb and/or spares are recommended) 1 plastic groundsheet Closed cell foam pad Wool watch cap Blanket or liner (for colder trips - consult patrol leader)

First Aid Kit

10 Band-Aids (assorted sizes) First aid cream (Neosporin or generic) First aid tape Tylenol or Advil Rubber bands Roller gauze Alcohol Swabs Latex gloves

Fire Starting Kit

24 waterproof strike-anywhere matches (waterproofed YOURSELF with nail polish, etc) Small flint Small steel Dry cedar-bark tinder Charred cloth Small candle (about 2 inches high and 1.5 inches in diameter, wrapped in tin foil)

Personal Kit

Toothbrush Toothpaste Toilet paper (1/3 of a roll) Washcloth Soap (Ivory or biodegradable) Small towel Metal/plastic (non-glass) mirror Comb Sunscreen

Clean-up (KP) Kit

Liquid soap 4 soaped steel wool pads Dish rag Paper towels Rubber gloves

Survival Kit

Fishing line Hooks Whistle Waterproof matches Sinker

Eating Kit

Plastic Bowl (with hole in it and string through it!) Plastic Spoon (with hole in it and string through it!) Cup with Handle (with string through it!) 5 linear feet aluminum foil 2 [FILLED!] quart-size wide-mouth Nalgene bottles

Food Kit

2 Brown bag lunches, no juice boxes of any kind GORP and snacks Patrol Food Hot chocolate packets Instant oatmeal (for emergencies)

Rope Kit

150 feet parachute or 1/4 inch cord 100 feet strong string

Advancement Kit

Scout handbook Knot cords Merit badge card & requirements (if a leader is a counselor, badge can be worked on on the campout) Small notepad and pencil

Path Finding Kit

Compass Map of area Written directions

Sewing Kit

2 large-eye needles with strong thread

Optional Kit Book Playing cards

ITEMS WHICH ARE NOT TO BE BROUGHT

Radios Soda (or anything) in cans or bottles Fireworks Cigarette lighters